## **AGENDA**

## **School Health Advisory Council**

February 6, 2023 PISD Administration Building, Board Room 120 6-7:30pm

## Welcome & Opening Remarks

Information & Discussion on Physical Health Related Topics

- A. Physical Education
- B. Health Curriculum
- C. Nutrition
- D. Health Services
- E. Employee Wellness

Next SHAC Meeting scheduled for Monday, April 3, 2023, 6-7:30pm

Topic: Mental Health

Reviewing policies, procedures, strategies, and curriculum to prevent mental health concerns including suicide through

- Safe and healthy school environment
- Counseling and mental health services

Strategies to increase parental awareness regarding:

- risky student behaviors and early warning signs of suicide risk and behavioral health concerns, including mental health disorders and substance use disorders.
- available community programs and services that address risky behaviors, suicide risk, behavioral health concerns